Webinar: CMS Restraint and Seclusion

February 5, 2016 10 – 11:30 a.m. ET

CMS has issued interpretive guidelines on restraint and seclusions for hospitals. This webinar will simplify and take the mystery out of the 50 page restraint and seclusion interpretive guidelines. It will provide a crosswalk to the Joint Commission standards. Avoid the restraint nightmare now and let us take the mystery out of these confusing regulations by attending this webinar.

Webinar Objectives

- Define the CMS restraint requirement of what a hospital must document in the internal log if a patient dies within 24 hours while having on two soft wrist restraints
- Recall that CMS requires that all physicians and others who order restraints must be educated on the hospital policy.
- Describe that CMS has restraint education requirements for staff.
- Discuss that CMS has specific things that need to be documented in the medical record for the one hour face to face evaluation on patients who are violent and or self-destructive

Target Audience

All nurses with direct patient care, compliance officer, chief nursing officer, chief of medical staff, COO, Nurse Educator, ED nurses, ED physicians, Medical staff coordinator, risk manager, patient safety officer, senior leadership, hospital legal counsel, Risk Manager, Chief Risk Officer, PI director, Joint Commission coordinator, nurse managers, quality director, chief medical officer, security guards, compliance officer, chief risk officer, accreditation and regulation staff and others responsible for compliance with hospital regulations and anyone involved in the restraint or seclusion of patients. Persons responsible for rewriting the hospital policies and medical staff bylaws should attend. This also includes staff who remove and apply them as part of their care such as radiology techs, ultra sound technologists, transport staff, and others.

Webinar Outline

- Right to be free from restraint
- Number of deficiencies
- Providing copy of right to patients
- Restraint protocols
- CMS deficiency reports
• CMS changes effective to internal log and soft wrist restraints
• Most current manual
• Medical restraints
• Behavioral health restraints
• Violent and self-destructive behavior
• Definition of restraint and seclusion
• Manual holds of patients
• Leadership responsibilities
• Two soft wrist restraints, internal log and documentation
• Culture of safety
• Drugs used as a restraint
• Standard treatment
• Learning from each other
• Restraints does not include
• Side rails, forensic restraints, freedom splints, immobilizers
• Assessment
• Need order ASAP
• Order from LIP and notification of attending physician ASAP
• Documentation requirements
• Least restrictive requirements
• Alternatives
• RNs and One hour face to face assessment
• Training for RN doing one hour face to face assessment
• New training requirements
• New death reporting requirements
• Ending at earliest time
• Revisions to the plan of care
• PI requirements
• Time limited orders
• Renewing orders
• Staff education
• First aid training required
• Stricter state laws
• Monitoring of patient in R/S
• Joint Commission Hospital Restraint standards and differences from CMS

About the Speaker
Sue Dill Calloway, R.N., M.S.N, J.D. is a nurse attorney and President of Patient Safety and Healthcare Consulting and Education. She was the past VP of Legal Services at a community hospital in addition to being the Privacy Officer and the Compliance Officer. She worked for over 8 years as the Director of Risk Management and Health Policy for the Ohio Hospital Association. She was also the immediate past director of hospital patient safety and risk management for The Doctors Insurance Company in Columbus.

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area for five years. She does frequent lectures on legal and risk management issues and writes numerous publications.

Ms. Calloway has given many presentations locally and nationally to nurses, physicians and attorneys on medical and legal issues. She has authored numerous articles and over 1000 articles and 100 books, including the 2009 Joint Commission Leadership Standard (HCPro), Nursing and the Law (PESI, 1986 and 1987), Ohio Nursing Law (West Publishing), Nursing Ethics and the Law (PESI, 1986), Legal Issues in Supervising Nurses (PESI, 1988), Medicine Made Easy (PESI, 1992) and The Law for Nurses Who Supervise/Manage Others (PESI, 1993), Legal Issues in Obstetrics (PESI, 1997) and JC Leadership Standards (HCPro, 2004), and the Compliance Guide to the CMS and the Joint Commission Patient Rights Standards (HCPro, 2005), and the 2009 book on the Joint Commission Leadership Standards (HCPro). She often writes articles called the “CMS Corner” in Briefings on the Joint Commission. Ms Calloway is a 1996 recipient of PESI’s Excellence in Education Award.

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