Patient safety is everyone’s responsibility.

As a patient, you need to take an active role in your care.

Not sure how to be more active in your care? Remember SPEAK UP:

S: Speak up if you have questions or concerns.
P: Pay attention to the care you get.
E: Educate yourself about your illness.
A: Ask a trusted family member or friend to be your advocate.
K: Know what medicines you take and why.
U: Use a health care organization that has been carefully checked out.
P: Participate in all decisions about your treatment.


Learn more at: bit.ly/TJCspeakup