

Hand Hygiene Toolkit 2022

Patient Safety Awareness

*Your guide to raising awareness
among staff, patients, and families*



Patient Safety is Everyone's Responsibility

Proper hand hygiene is the number one way to prevent the spread of infection. EVERYONE should clean their hands thoroughly and at appropriate times to remove germs, avoid getting sick, and prevent the spread of disease. The term hand hygiene includes both the use of hand sanitizers with at least 60% alcohol when hands are not visibly dirty and washing with soap and water.

May 5 - [World Hand Hygiene Day](#)

Oct. 15 - [Global Handwashing Day](#)

Dec. 1 – 7 - [National Handwashing Awareness Week](#)



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Hand Hygiene – Use these images, messages, and links in your public and internal staff education.

Message 1: Whether using soap and water or hand sanitizer with at least 60% alcohol, frequent and thorough hand hygiene is one of the best ways to avoid getting sick. Learn more by visiting [Frequent Questions About Hand Hygiene | Handwashing | CDC](#)
#PatientSafetyAwareness
#UnitedForPatientSafety



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Message 2: There are key times when EVERYONE should perform hand hygiene – learn the before and after activities at [When and How to Wash Your Hands](#).
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Message 3: Your hand carry germs you can't see. 80% of germs are transferred by touch. Visit the [CDC Handwashing Campaign](#) to learn how *Life is Better with Clean Hands*.
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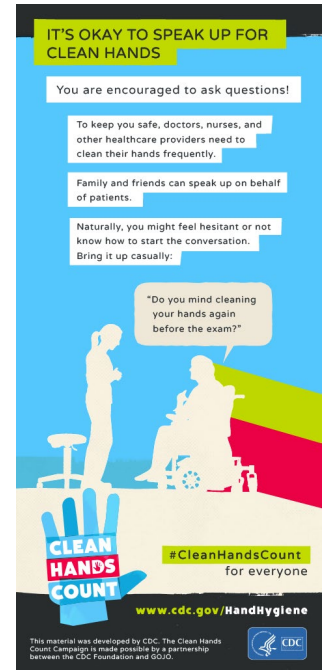
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Message 4: As a patient or resident in a health care setting, you should Speak Up for clean hands. Protect yourself by cleaning your own hands and ask family, friends, and care givers to do the same. [CDC Hand Hygiene](#) #PatientSafetyAwareness #UnitedForPatientSafety

Message 5: Stay healthy by making handwashing a regular part of your cooking routine. Wash hands to prevent spreading germs to your food and your family. [Handwashing: A Healthy Habit in the Kitchen](#). #PatientSafetyAwareness #UnitedForPatientSafety

Message 6: Public toilets and door handles harbor all kinds of germs. Avoid the spread of germs and use a paper towel to flush the toilet and open the door. Be sure to throw the towel away after you leave. Learn more about stopping the spread of germs at [Life is Better with Clean Hands](#). #PatientSafetyAwareness #UnitedForPatientSafety

Message 7: Every year on May 5, the World Health Organization (WHO) launches a call to action to improve hand hygiene in health care settings. Learn more about the [WHO 5 Moments for Hand Hygiene](#) . #PatientSafetyAwareness #UnitedForPatientSafety



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Printable Resources

[Hand Hygiene Table Tent](#)

Click on the link above to download a PDF of the table tent. The table tent should be printed on 8 ½ X 11” white card stock and then folded into thirds and taped on the seam. You can leave the ¼” margin or trim if desired.

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