

2018

# Indiana Patient Safety Summit



2018 INDIANA PATIENT SAFETY SUMMIT | JUNE 5 | 502 EAST EVENT CENTRE, CARMEL

The Indiana Patient Safety Center (IPSC) was founded by the Indiana Hospital Association with the ambitious goal of making Indiana the safest place in the world to receive care. For the past decade, IPSC has led Indiana's hospitals to collaborate on quality and patient safety, encouraged the implementation of evidence-based practices, and forged the nation's most comprehensive network of patient safety coalitions. The Summit brings together patient safety and quality leaders to learn effective strategies and share best practices that will improve patient safety statewide.

**Audience:** CEOs, CMOs, CNOs, patient safety officers, risk managers, quality leaders, nursing caregivers and managers, case managers, care transition managers, infection preventionists, pharmacists, and others responsible for patient safety and leading change for improvement

## *Featured Speakers*

### **Regina Holliday**

*Artist, Patient Advocate*

Regina Holliday is a Maryland-based patient advocate and artist known for painting a series of murals depicting the need for clarity and transparency in medical records.

With her passion for advocating for patients to receive timely access to their health care data, her artwork became part of the national health care debate, earning her a platform to push for legislation that would provide better care for patients. Continuing her advocacy through art, she also started The Walking Gallery movement, where more than 350 volunteer members don blazers painted with their mission within health care. The members of Walking Gallery attend medical conferences with a powerful visual story painted on their backs. The paintings help to convey the fact that the people wearing them are living, breathing examples of patients impacted by health care decisions, as opposed to just a statistical number. Holliday's jacket paintings depicting the patient story have been covered in The Wall Street Journal, Marketplace, and USA Today.

Backed by her own patient and caregiving experiences, Regina Holliday travels the globe heralding her message of patient empowerment and inclusion in health care decision making. Holliday is passionate about the benefits of health information technology and timely data access for patients, which is why she was one of HealthTech's Must-Read Health IT Blogger's in 2017.

### **Debbie L. Fuehrer, MA, LPCC**

*Mind-Body Medicine Counselor in Integrative Medicine and Health, Mayo Clinic*

Debbie has a master's degree in counseling and psychological services and is a Licensed Professional Clinical Counselor. Working closely with Dr. Amit Sood since 2010, she is an Instructor in Medicine and provides counseling services to patients, educational activities, and presentations related to IMH Mind-Body practices, and addresses the topics of stress management, anxiety reduction, and hypnosis.

## Agenda

- 8:30 – 9:30 a.m.                      **Registration and Networking, Poster Displays, and Sponsor Exhibits**
- 9:30 – 9:45 a.m.                      **Welcome and Opening Remarks**  
Brian Tabor, President, Indiana Hospital Association  
Nancy Kennedy, M.D., Chief Medical Director, Dearborn County Hospital, and Chair of the IHA Council on Quality and Patient Safety  
Karin Kennedy, Vice President Quality & Patient Safety, Indiana Hospital Association
- 9:45 – 10:45 a.m.                      **Advocating for the Patient: Using My Story to Improve Patient Safety**  
Regina Holliday
- Regina’s advocacy mission for clarity and transparency in medical records was inspired by her husband’s struggle to get appropriate care. Afflicted with kidney cancer, he suffered poor care coordination, a lack of access to data and a series of medical errors and, as a result, lost his battle. These institutional flaws spurred Holliday to try to improve care for her husband and all patients who are going through similar struggles. Her husband’s death inspired Holliday to use painting as a catalyst for change.
- 10:45 - 11 a.m.                         **Networking Break**
- 11 a.m. – 12:30 p.m.                      **Stress Management and Resiliency Training (SMART) Program**  
Debbie L. Fuehrer, MA, LPCC, Mayo Clinic
- Stress is perceived when there is an imbalance between the demands placed on us and our ability to meet those demands. Excessive stress adversely affects cognitive functions including attention, memory, judgment, and decision making. Resilience is the ability to adapt well to stress, and to even thrive amidst adversity.
- In this 90-minute session, you will understand how the brain and mind generate unwanted stress every day, even during routine daily activities. Based on this understanding, you will learn a two-step program that will empower you to handle your stressors with less distress, and as a result, enhance your physical, emotional, and mental well-being.
- Introduction*  
*The Basics*  
Stress: Good, Bad & Ugly  
Resilience: The Four Pillars  
The Brain’s Two Modes  
The Mind’s Imperfections
- The Skills*  
Attention Training  
Interpretation Skills  
(Gratitude, Compassion, Acceptance, Meaning, Forgiveness)

12:30 – 1:30 p.m.

**Lunch and Award Recognitions**

1:30 – 3:30 p.m.

**Success Stories**

- **2018 Patient Safety Innovation Award Recipient**
- **2018 Patient Safety Service & Leadership Award Recipient**

- **2017 Patient Safety Innovation Award Recipient**

**Franciscan Health Michigan City**

The Mobility Team from Franciscan Health Michigan City was awarded the 2017 Patient Safety Innovation Award for their interdisciplinary teamwork to expand and enhance their *Culture of Mobility*. These champions will share how they created their program using evidence-based research. Key points will include the use of a standardized mobility scale, development of a competent Mobility Team, and manners that they are taking for long-term sustainability.

- **2017 Patient Safety Service & Leadership Award Recipient**

**Indiana University Health Paoli Hospital**

This session will highlight how the Paoli and Orange County community has leveraged partnerships to identify, refer and treat community members challenged with opioid dependence. The audience will learn how successful engagement of various stakeholders, using a patient-centered approach, will serve to create a sustainable program model.

3:30 p.m.

**Closing Remarks**

Karin Kennedy, Vice President Quality & Patient Safety,  
Indiana Hospital Association



# Indiana Patient Safety Center

of the Indiana Hospital Association

## Registration

Register by May 29 at: [regonline.com/IPSC18summit](http://regonline.com/IPSC18summit)

**Registration Fee:** The fee to attend is \$75 per person, payable via check or credit card, and includes lunch and beverages.

*Mail checks to:*

Indiana Hospital Association  
500 N. Meridian St., Suite 250  
Indianapolis, IN 46204

## Suggested Lodging

There are [several hotels nearby](#). For your convenience, we have secured a special group rate at the Renaissance Indianapolis North Hotel. The \$145 group rate is available by calling the hotel directly at 317-816-0777 and referencing the Indiana Hospital Association group rate.

## Cancellation and Refund Policies

Substitutions are available in advance or onsite. Refunds are available, less a \$25 processing fee, through May 29. Cancellations after that date are non-refundable.

## Individuals with Disabilities

The Indiana Hospital Association wishes to take those steps that are required to ensure that no individual with a disability is excluded, denied services, segregated, or otherwise treated differently from other individuals because of the absence of auxiliary aids and services. For any special requests, please contact Laura Gilbert at [lgilbert@IHAconnect.org](mailto:lgilbert@IHAconnect.org) before the meeting.