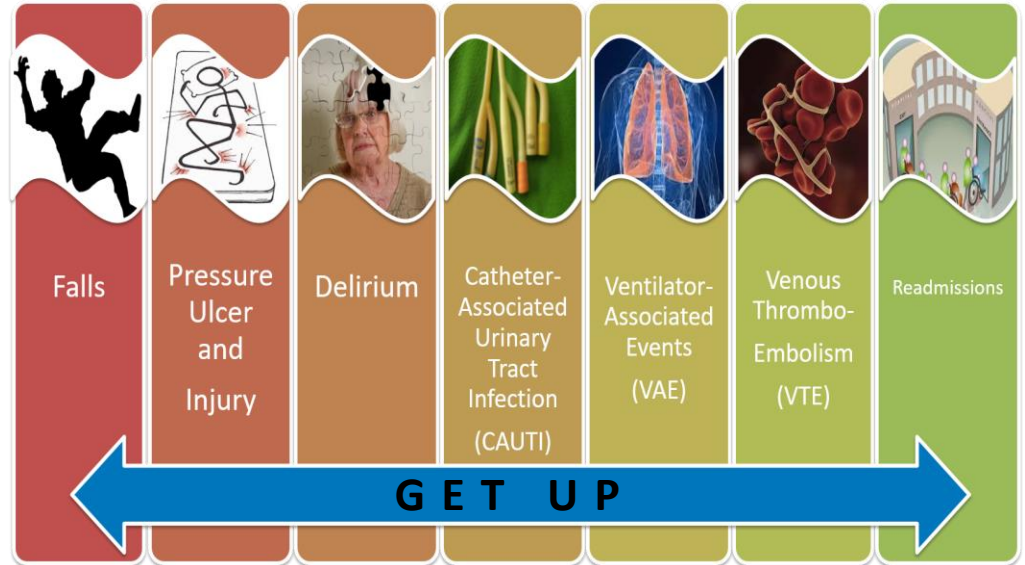


GET UP

GET UP focuses on mobilizing patients to return to function more quickly.

Keeping a patient mobile is key to helping them avoid various types of harm. Maintaining a continued emphasis on mobility can assist in the prevention of several harm events, including CAUTI, delirium, falls, HAPU/I, readmissions, VAE and VTE.



There are many resources available at HRET-HIIN.org, including those below, to help your organization address these harm events and engage with the UP Campaign.

GET UP Resources

including HRET HIIN topic Change Package, Checklist, past webinar recordings and additional resources

Topic	Link
Introduction to the UP Campaign	http://www.hret-hiin.org/Resources/up_campaign/17/up_campaign_presentation_generic.pdf
GET UP Virtual Event - Move It Or Lose It	https://youtu.be/5j-NAKrseTI
CAUTI	http://www.hret-hiin.org/topics/catheter-associated-urinary-tract-infection.shtml
Delirium	http://www.hret-hiin.org/topics/iatrogenic-delirium.shtml
Falls	http://www.hret-hiin.org/topics/injuries-from-falls-immobility.shtml
Pressure Ulcers/Injuries	http://www.hret-hiin.org/topics/pressure-ulcers.shtml
Readmissions	http://www.hret-hiin.org/topics/readmissions.shtml
VAE	http://www.hret-hiin.org/topics/ventilator-associated-event.shtml
VTE	http://www.hret-hiin.org/topics/venous-thromboembolism.shtml

GET UP Resources

View the below resources for information on various harms topics and how increasing mobility can prevent these harms.

Pressure Ulcer/Injury:

- A National Pressure Ulcer Advisory Panel White Paper <http://www.npuap.org/wp-content/uploads/2012/01/NPUAP-Lift-Sling-White-Paper-March-2015.pdf>
- HAPU Sacral Injury Prevention Checklist http://www.hret-hiin.org/Resources/pu/17/hapu_sacral_injury_checklist.pdf

Falls:

- HRET HIIN Fall Teach-Back Tool http://www.hret-hiin.org/Resources/falls/17/falls_teach_back_tool.pdf
- Falls Test Performance Worksheet http://www.hret-hiin.org/Resources/falls/17/test_performance_measure_worksheet.pdf
- Preventing Falls in the Bathroom <https://vimeo.com/201006776/d555a3d939>
- Fall Mat Demonstration <https://vimeo.com/210807027/2fb8fb8acb>
- The Tension Between Promoting Mobility and Preventing Falls in the Hospital <http://jamanetwork.com/journals/jamainternalmedicine/article-abstract/2621835>

CAUTI:

- Impact of two-step urine culture ordering in the emergency department: a time series analysis <http://qualitysafety.bmj.com/content/early/2017/05/03/bmjqs-2016-006250>
- Culturing Practices Matter: Spotlight on Asymptomatic Bacteriuria http://www.hret-hiin.org/Resources/cauti/17/20170627_cauti_slides.pdf

VAE:

- Toolkit To Improve Safety for Mechanically Ventilated Patients <https://www.ahrq.gov/professionals/quality-patient-safety/hais/tools/mvp/index.html>
- Our Lady of Lourdes Regional Medical Center <http://www.hret-hiin.org/Resources/vae/16/VAE-Our-Lady-Lourdes-Regional-Medical-Center-Case-Study.pdf>
- St. Jude Medical Center VAE Case Study <http://www.hret-hiin.org/Resources/vae/16/VAE-StJude-Medical-Center-Case-Study.pdf>

Early Progressive Mobility:

- Introduction to Progressive Mobility <http://ccn.aacnjournals.org/content/30/2/S3>
- Implementation of Early Exercise and Progressive Mobility: Steps to Success <http://ccn.aacnjournals.org/content/35/1/82.full>
- Get your patients moving— now! <https://www.americannursetoday.com/get-patients-moving-now/>
- Advancing the Science and Technology of Progressive Mobility <http://nursingworld.org/MainMenuCategories/WorkplaceSafety/Healthy-Work-Environment/SafePatient/Advancing-the-Science-and-Technology-of-Progressive-Mobility.PDF>