

of the Indiana Hospital Association

SOAP UP Hand Hygiene

Sept. 5, 2017





- Welcome, Introductions & Housekeeping
- UP Campaign Overview
- SOAP UP August Webinar Recap
- Hospital Features
- Call to Action
- SOAP UP Resources & Support

Indiana's Bold Aim





To make Indiana the safest place to receive health care in the United States... *if not the world*



of the Indiana Hospital Association

UP Campaign

UP Campaign





WAKE UP:

Reducing unnecessary sleepiness and sedation through opioid and sedative safe



GET UP:

Mobilizing patients to recover faster through progressive mobility plans



SOAP UP:

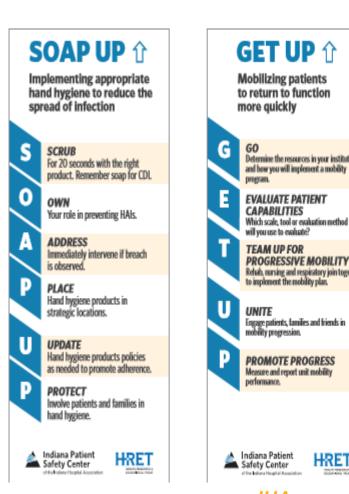
Implementing appropriate hand hygiene to reduce the spread of infection

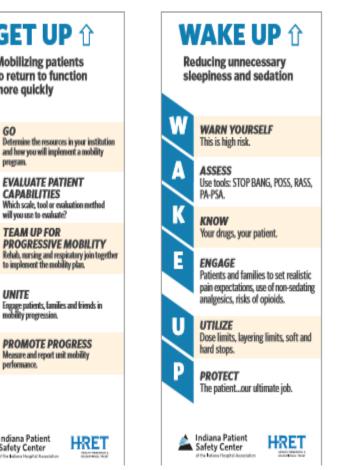
Goal: Simplify safe care and streamline crosscutting interventions to reduce the risk for multiple patient harms

IHA Launches UP Campaign



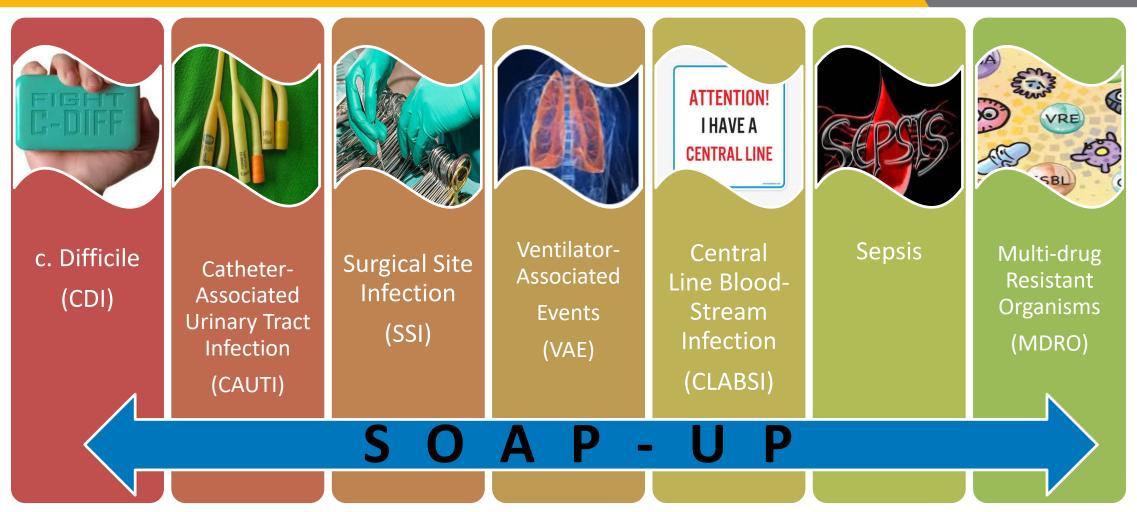
- Supports Hospital Improvement Innovation Network (HIIN) harm reduction efforts
- June 6 Indiana Patient Safety Summit Kick-off
- Strategic Deployment of Three Campaigns:
 SOAP UP 3Q 2017
 GET UP 4Q 2017
 WAKE UP 1Q 2018





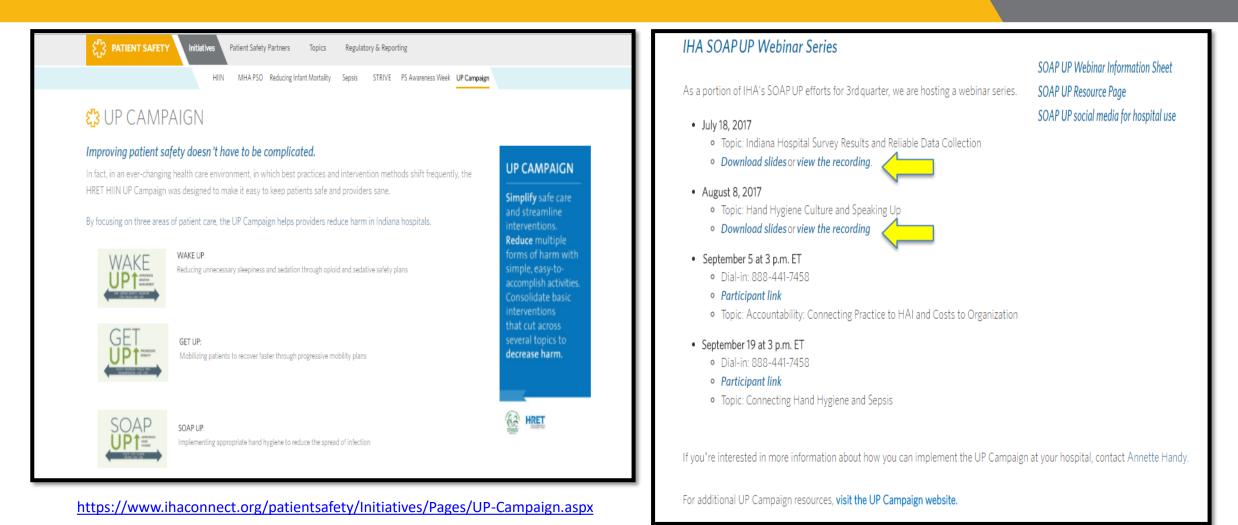
Hand Hygiene





Access to UP Campaign Materials







SOAP UP 1

Implementing appropriate hand hygiene to reduce the spread of infection



OWN Your role in preventing HAIs.

0

ADDRESS Immediately intervene if breach is observed.

PLACE Hand hygiene products in strategic locations.

UPDATE Hand hygiene products policies as needed to promote adherence.

PROTECT Involve patients and families in hand hygiene.



HRET

HRET-HIIN.ORG

How are you incorporating SOAP UP within

your organization?





of the Indiana Hospital Association

2017 Hospital Survey

Global Survey Themes



- Reliable Data Collection
- Hand Hygiene Culture and Speaking Up
- Accountability: Connecting Practice to HAI and Costs to the Organization

Leaders Lifesaver Competency Foam Observations Monitoring Results Rates Family Education Facility Hand Hygiene Rounding Staff Secret Shoppers Posters SPEAK Signage Reinforcement Sharing Audits

Engaging Hospital Teams





Leaders Lifesaver Competency Foam Observations Monitoring Results Rates Family Education Facility Hand Hygiene Rounding Staff Secret Shoppers Posters SPEAK Signage Reinforcement Sharing Audits

Engaging Patients & Families





Bottle Process Encourage Patients Handouts Wash Nursing Staff Education Not Doing Hand Hygiene Given Rooms Opportunity Ask Foam Packet CDC Clean Hands Count



Engaging the Community





Health Fairs Events Patient Safety Week Signage Program Education Poster Hand Hygiene Hand Washing Facility Promotions Public Outreach Signs

8.8.17 Webinar Recap



- Focus: Hand Hygiene An Integral Part of Patient Safety Culture and Speaking Up
 - * Have fun Be a Lifesaver!
 - * Transparency & posting compliance publicly sends message of organizational commitment
 - * A multidisciplinary approach is essential EVERYONE owns hand hygiene

Lessons Learned – Peer Sharing

Courtesy of IU Health Blackford Hospital and Elkhart General Hospital











Safety Culture & Speaking Up Call to Action



- Evaluate how you are engaging both clinical and non-clinical personnel in a FUN WAY!
- Conduct a small test of change to provide immediate, non-punitive performance feedback not only when hand hygiene is not conducted but also when it IS done
- Implement a new visual strategy to communicate success and opportunities to front-line staff

Chat in how you have responded to the August SOAP UP Call to Action

Global Survey Themes



- Reliable Data Collection
- Hand Hygiene Culture and Speaking Up
- Accountability: Connecting Practice to HAI and Costs to the Organization

Leaders Lifesaver Competency Foam Observations Monitoring Results Rates Family Education Facility Hand Hygiene Rounding Staff Secret Shoppers Posters SPEAK Signage Reinforcement Sharing Audits

Think Tank Prompt from August



What is your process to hold teammates accountable for hand hygiene?

- How do you provide staff with performance feedback whether individual, unit level or hospitalwide?
- Do you link and share identified HAI with individuals involved with care?
- Who coaches teammates for accountability?

How are you sharing the fiscal and personal impact of HAI to your teams?

- How do you link hand hygiene to health outcomes?
- If your hospital has received value-based purchasing or hospital-acquired condition reimbursement penalties, is this shared with your team and if so, how?
- How do you personalize HAI events beyond reporting rates?

Chat in how your team is tackling these aspects to hand hygiene success

Hand Hygiene in Healthcare Settings A Indiana Patient Safety Center

According to the CDC,

- On average, healthcare providers clean their hands less than half of the times they should
- On any given day, about one in 25 patients as at least one healthcare-associated infection

HAI Facts



- In the U.S., healthcare associated infections (HAI's) affect more than 2 million people every year resulting in approximately 100,000 deaths.¹
- HAI's lead to long-term disability, preventable deaths, and additional financial burden on the healthcare system.⁶
- An HAI increases the average length of stay 7.4 to 9.4 days and the risk of morbidity by 35%.⁹
- Compliance by healthcare workers with optimal hand hygiene is considered to be less than 40%.⁷
- Several studies of hand washing in high-acuity units with vulnerable patients have found that as few as one in seven staff members wash their hands between patients: compliance rates in the range of 15% 35% are typical; rates above 40% are the exception.¹⁰⁻¹¹
- It is well established that the hands of HCWs are the principal cause of transmission of infection from patient to patient.⁹
- Hand hygiene, a very simple action, remains the primary means to reduce HAI's and the spread of antimicrobial resistant organisms.²⁻⁵
- Global research indicates that improvements in hand hygiene activities could potentially reduce HAI rates by up to 50%^{4,8}

HAI Fiscal Risk to Hospitals Pay for Performance Penalties



Value-based Purchasing Water Production Wind Strangeric Tables Water	Hospital-Acquired Condition Reduction
Complication/Patient Safety for Selected Indicators Complication/Patie	Domain 1 measure (PSI 90 Composite) Domain 2 measures (CLABSI, CAUTI, SSI, MRSA, and CDI)
October 1, 2010 - June 30, 2012 October 1, 2013 - June 30, 2015 Measure Threshold Benchmark AHRQ PSI-00 Composite 7,77396 0,547889 Healthcare-Associated Infections	Submit Medical Claims If submitted data to NHSN If did not submit data for measure to NHSN for measure
Baedian Period Baedian Period Masure CAUTI CAUTI SSI Abdominal Hysterectomy ² Control Si Abdominal Hysterectomy ² Methicillin-resistant Staphylococcus aureus Methicillin-resistant Staphylococcus aureus	If sufficient data for measure, then PSI 90 measure score measure score for measure then PSI 90 measure, then measure measure score for measure measure for measure measure for measure measure for measure for measure measure for measure for measur
Baseline Period January 1, 2013 - December 31, 2013 Performance Period January 1, 2015 - December 31, 2015 Enchmark Mesure WiSPB-1 Medicare spending per beneficiary WiSPB-1 Medicare spending per beneficiary Sending sprate during Median Medicare pending sprate beneficiary ratio across ant hospitate during Benchmark Median Medicare pending sprate ant hospitate during Benchmark Median Medicare pending sprate ant hospitate during Benchmark Median Medicare pending sprate ant hospitate during Benchmark Median Medicare ant hospitate during Benchmark Medicare spending per beneficiary ratio across ant hospitate during Benchmark Medicare spending per beneficiary ratio across	e calculated measure score calculated calculated score calculated ^b calculated ^b score of 10 points applied v v v v e Domain 1 score If PSI 90 Composite measure score If measure score calculated for at least one Domain 2 measure.
Performance Period January 1, 2013 - December 31, 2013 Measure Biometry 1, 2013 - December 31, 2013 Measure Di minutes of hospital armail 30 minutes of hospital armail 10 minutes of hosp	If PSI 90 Composite measure score calculated, then Domain 1 score equals PSI 90 Composite measure score. Otherwise, no Domain 1 score calculated.
Performance Period October 1, 2010 - June 30, 2012 Cotober 1, 2010 - June 30, 2012 Cotober 1, 2010 - June 30, 2015 Cotober 1,	Total HAC Score If Domain 1 score or Domain 2 score calculated, then Total HAC Score equals weighted average of calculated domain scores. ^c Otherwise, no Total HAC Score calculated.
Lover rates indicate better quality Y = New Measure Payments Witheld FY 2013 1.00% FY 2014 1.25% FY 2015 1.50% FY 2015 1.55% FY 2015 1.75% FY 2015 1.55% FY 2015 1.55\% FY 2015 1.55\% FY 2015 1.55\% FY 2015 1.55\%	



Most Importantly, the Human Impact!







HAI Prevalence Study – Published 2014



http://www.nejm.org/doi/full/10.1056/NEJMoa1306801#t=articleResults

• In 2011, there were an estimated 722,000 HAIs in U.S. acute care

hospitals

HAI Estimates Occurring in US Acute Care Hospitals, 2011										
Major Site of Infection Estimated No.										
Pneumonia	157,500									
Gastrointestinal Illness	123,100									
Urinary Tract Infections	93,300									
Primary Bloodstream Infections	71,900									
Surgical site infections from any inpatient surgery	157,500									
Other types of infections	118,500									
Estimated total number of infections in hospitals	721,800									

• Additionally about 75,000 patients with HAI died during their hospitalization

INDIANA ACUTE CARE HOSPITALS

Ο

ASSOCIATED INFECTIONS PROGRESS

CLABSIs

deadly infections in the blood.

between 2013 and 2014.

CENTRAL LINE-ASSOCIATED BLOODSTREAM INFECTIONS

When a tube is placed in a large vein and not put in correctly or kept

Indiana hospitals reported a significant decrease in CLABSIs

Among the 59 hospitals in Indiana with enough data to calculate

clean, it can become a way for germs to enter the body and cause

Healthcare-associated infections (HAIs) are infections patients can get while receiving medical treatment in a healthcare facility. Working toward the elimination of HAIs is a CDC priority. The standardized infection ratio (SIR) is a summary statistic that can be used to track HAI prevention progress over time; lower SIRs are better. The infection data are reported to CDC's National Healthcare Safety Network (NHSN). HAI data for nearly all U.S. hospitals are published on the Hospital Compare website. This report is based on 2014 data, published in 2016.

■ 39% LOWER COMPARED TO NAT'L BASELINE*

SSIs

SURGICAL SITE INFECTIONS

When germs get into an area where surgery is or was performed, patients can get a surgical site infection. Sometimes these infections involve only the skin. Other SSIs can involve tissues under the skin, organs, or implanted material.

SSI: Abdominal Hysterectomy

Indiana hospitals reported no significant change in SSIs related to abdominal hysterectomy surgery between 2013 and 2014.

Among the 20 hospitals in Indiana with enough data to calculate 5% an SIR, 5% had an SIR significantly higher (worse) than 0.83, the value of the national SIR.

16% TO NAT'L BASELINE

HIGHER COMPARED

LOWER COMPARED

TO NAT'L BASELINE*

♣ 30% LOWER COMPARED TO NAT'L BASELINE.

Indiana hospitals reported no significant change in SSIs related to colon surgery between 2013 and 2014.

Among the 50 hospitals in Indiana with enough data to calculate an SIR, 6% had an SIR significantly higher (worse) than 0.98, the value of the national SIR.

🕂 6%

LABORATORY IDENTIFIED HOSPITAL-ONSET C. DIFFICILE INFECTIONS

When a person takes antibiotics, good bacteria that protect against infection are destroyed for several months. During this time, patients can get sick from Clostridium difficile (C. difficile), bacteria that cause potentially deadly diarrhea, which can be spread in healthcare settings.

Indiana hospitals reported no significant change in C. difficile infections between 2013 and 2014.

Among the 94 hospitals in Indiana with enough data to calculate an SIR, 11% had an SIR significantly higher

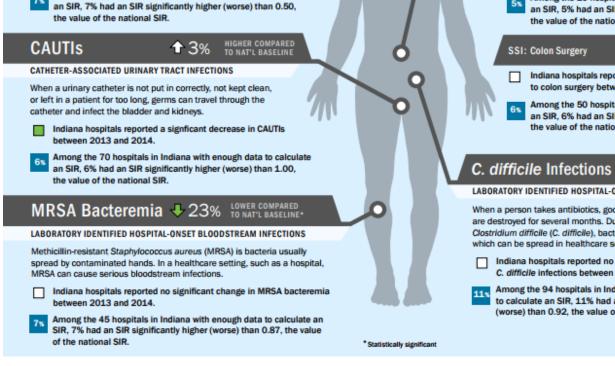
(worse) than 0.92, the value of the national SIR.



Page 1 of 2

Indiana Patient **Safety Center**

of the Indiana Hospital Association



https://www.cdc.gov/HAI/pdfs/progress-report/hai-progress-report.pdf

INFECTIONS PROGRESS

INDIANA

ACUTE CARE HOSPITALS

Healthcare-associated infection (HAI) data give healthcare facilities and public health agencies knowledge to design, implement, and evaluate HAI prevention efforts.

Learn how your hospital is performing: www.medicare.gov/hospitalcompare For additional information:

- 2014 HAI Progress Report: www.cdc.gov/hai/progress-report/
- NHSN: www.cdc.gov/nhsn
- HAIs and prevention activities in Indiana: www.in.gov/isdh/25479.htm
- Indiana validation efforts: www.cdc.gov/hai/pdfs/state-progress-landscape.pdf



Indiana Patient **Safety Center** of the Indiana Hospital Association

	HAITYPE	# OF INDIANA HOSPITALS THAT REPORTED DATA TO CDC'S NHSN, 2014 ⁺ Total Hospitals in Indiana: 147	2014 STATE SIR vs. 2013 State SIR	2014 STATE SIR vs. 2014 Nat'l SIR	2014 STATE SIR vs. Nat'l Baseline‡	2014 STATE SIR	2014 NAT'L SIR
2014 state SIR is hilicantly lower (better) an comparison group in column header	CLABSI Nat'l Baseline: 2008	101	12%	1 23%	4 39%	0.61	0.50
☆ or ↔ hange in 2014 state	CAUTI Nat'l Baseline: 2009	106	16%	合 3%	合 3%	1.03	1.00
Compared to group column header is not atistically significant	SSI, Abdominal Hysterectomy Nat'l Baseline: 2008	98	小 17%	小 16%	- 30%	0.70	0.83
2014 state SIR is	SSI, Colon Surgery Nat'l Baseline: 2008	101	J 1%	合 8%	企 6%	1.06	0.98
ficantly higher (worse) comparison group in column header	MRSA Bacteremia Nat'l Baseline: 2011	107	公 6%	 ^{12%}	23%	0.77	0.87
14 state SIR cannot be calculated	C. difficile Infections Nat'l Baseline: 2011	104	☆ 5%	() 2%	₽ 6%	0.94	0.92

The number of hospitals that reported to NHSN and are included in the SIR calculation. This number may vary across HAI types; for example, some hospitals do not use central lines or urinary catheters, or do not perform colon or abdominal hysterectomy surgeries.

For additional data points, refer to the technical data tables.

[‡]Nat'l baseline time period varies by HAI type. See first column of this table for specifics.

WHAT IS THE STANDARDIZED INFECTION RATIO?

The standardized infection ratio (SIR) is a summary statistic that can be used to track HAI prevention progress over time; lower SIRs are better. The SIR for a facility or state is adjusted to account for factors that might cause infection rates to be higher or lower, such as hospital size, teaching status, the type of patients a hospital serves, and surgery and patient characteristics.

WHAT IS INDIANA DOING TO PREVENT HEALTHCARE-ASSOCIATED INFECTIONS?

Indiana has a state mandate to publicly report at least one HAI to NHSN.

Prevention efforts to reduce specific HAIs:

- Central line-associated bloodstream infections
- Catheter-associated urinary tract infections
- Surgical site infections

- Multidrug-resistant infections (CRE)
- Long-term care facilities
- Antibiotic stewardship
- For prevention effort details, see glossary.

THIS REPORT IS BASED ON 2014 DATA, PUBLISHED IN 2016

IHAconnect.org/Quality-Patient-Safety

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of the Indiana Hospital Association

Hospital Features

The Women's Hospital





- 74 bed, Acute Care, Women's Specialty Hospital
- Located in Newburgh
- Member of the Community Patient Safety Coalition of Southwestern Indiana/Kentucky

Hand Hygiene Monitoring

The Women's Hospital

"PAY IT FORWARD AND PASS THE PACKET

As we continue to strive for excellent patient care, TWH has implemented a hospital wide program to meet the new "Non-Negotiable" standard of hand hygiene. This means that hand hygiene and hand hygiene observations are required to deliver the best possible care for our patients safety. You have been selected to be a "secret observer" and collect hand hygiene observations. Everyone must participate.

INSTRUCTIONS

- 1. Do 40 Observations a month (i.e. 10 a week). Forms can be found on <u>Intranet>Forms</u>. Be sure to select the correct one (NICU or OTHER Clinical Areas)
- Fax or Interdepartmental mail observation forms to Annette Carter by end of the month once completed.
- 3. At the end of the month after your forms are submitted, YOU get to pay it forward and find a friend to pass the packet to. Call or email Annette Carter with the persons name you selected, as we will need to keep track of ongoing observations. ANY staff (housekeeping, EVS, dietary, social services, admitting, purchasing, gtc....) that are around patient care areas can participate so MIX IT UP! Please restock packet before passing it off. Be sure to physically hand off this packet (don't stick in mailbox)
- 4. You will receive an incentive and certificate for your competency binders if your forms are received by the end of the month AND get entered for a Quarterly Drawing.

WOW! Based on our hospital size, the estimated number of hand hygiene opportunities in a months time is: NICU- 207,360 ADULT & WELL BABY- 302,400

Thank you for all of your hard work and help in implementing this project. Your efforts are greatly appreciated! Annette Carter

Phone- (812) 842-4590

Fax- (812) 842-4581



dh The Women's Hospital

Mo	onth: Observer						form fo	r all clir	ical areas other than NICU
	1. Perform 2. Observe 3. Person be patient roo 4. Do not g	observati for hand eing obse m guess. If y	ions anonyr I hygiene up erved may u your view is	oon entry and use Purell disp blocked or ye	on't be afr /or exit of enserjus	aid to be patient r t outside	honest- i oom of patient	t is a matt room or (er of patient safety one on wall in patient room, orsink in onitored performed hand hygiene
	then do not			Person Ob- served (RN, PCA, CST, MD, RT, EVS, ESC)	Meas-	Alcohol Hand Rub	Soap & Water	No Hand Hygiene	Comments (ex: isolation gt, dispenser empty
1					ENTRY EXIT				
2					ENTRY EXIT				
3					ENTRY EXIT				
4					ENTRY EXIT				

BE SURE TO SELECT CORRECT FORM

								Observ	ations	Instruct	ions
	The V Hand Hy	Vomen's NIC giene Da	υĊ		#1 U pon #2 Befor #3 After #4 After	ES If hand h entry to the e clean/ase body fluid e touching a p touching pa	room befor ptic procedu (posurerisk patient when	e touching ire. c. 1 leaving pa	thé patient (tient zon e	or the enviro	ohol hand rub. nm ent.
						#1	#2	#3	#4	#5	Comments
-					Other						
_	MD	RN	RT	PT/OT		Yes / No	Yes / No	Yes / No	Yes / No	Yes / No	
	MD	RN	RT	PT/OT	Other	Yes / No	Yes / No	Yes / No	Yes / No	Yes / No	
	MD	RN	RT	PT/OT	Other	Yes / No	Yes / No	Yes / No	Yes / No	Yes / No	
	MD	RN	RT	PT/OT	Other	Yes / No	Yes / No	Yes / No	Yes / No	Yes / No	
	MD	RN	RT	PT/OT	Other	Yes / No	Yes / No	Yes / No	Yes / No	Yes / No	
	MD	RN	RT	PT/OT	Other	Yes / No	Yes / No	Yes / No	Yes / No	Yes / No	

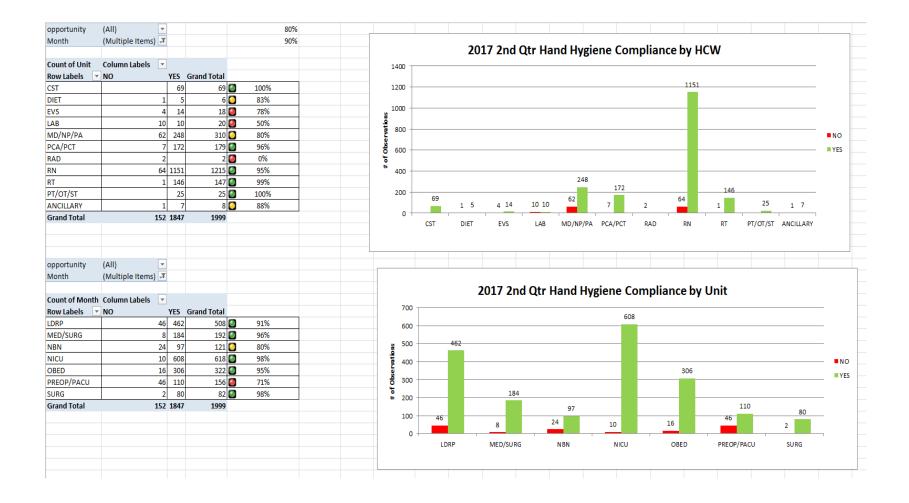
		dh The Womer Hospital	า่ร	
C E R	TIFICAT	E O F	$C \cap N$	<u>a p l e t</u> i o n
	This certificate is a in H	awarded for your land Hygiene Obs	-	rticipation
	То:			
	Thank	you for your p	articipatio	n
	in keeping our pat	ients safe and	makingT∖	VH great!
				CARE HESS FRAM
	Signature		Date	MACHINE AND



Fre	e Smoothie
This coupon is good for	one smoothie in The Women's Hospital Coffee Shop
Good for	one visit only—No change will be given.
Date:	Department:
Issued by:	
	Decones

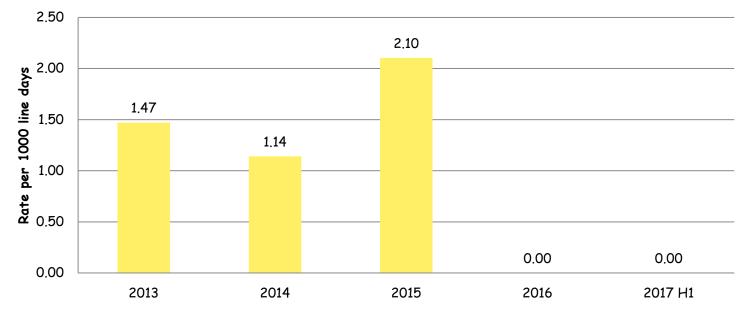
	2017 Log of Observers									
			Reminder in			Number	Incentive and			
Month	Name	Unit	Mailbox	Emailed Manager	Date Returned	Observed	Certificate Given	Comments		
January Packe										
January Packe										
January Packe	t 3									
January Packe	t 4									
January Packe										
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Junuary Facke										
January Packet										
January Packet	t 11									
anuary Packet	12									

TWH Hand Hygiene Compliance



NICU CLABSI's: 2013-2017 (2nd Qtr) Reported to CDC/NHSN

NICU CLABSI Rates

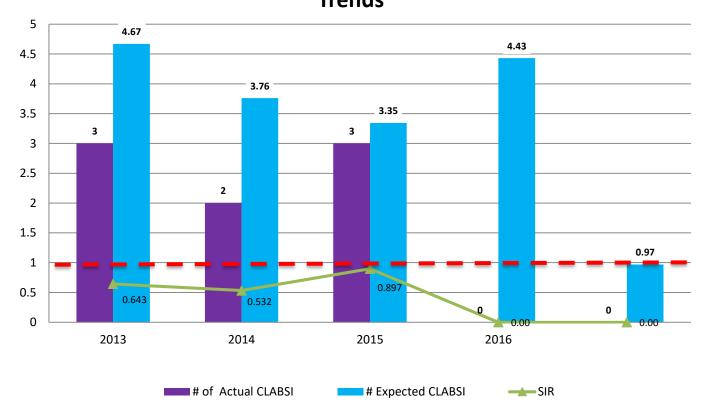


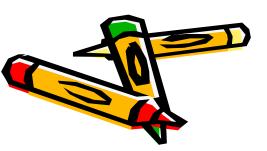
Year	2013	2014	2015	2016	2017 H1
# of CLABSI Infections	3	2	3	0	0

Of interest - there were 1,426 line days in 2015, compared to 2,051 line days in 2016!



NICU Standardized Infection Ratio Trends





Deaconess Hospital



- 379 Bed, Acute Care Hospital
- Located in Evansville
- Member of the Community Patient Safety Coalition of Southwestern Indiana/Kentucky



dh Deaconess

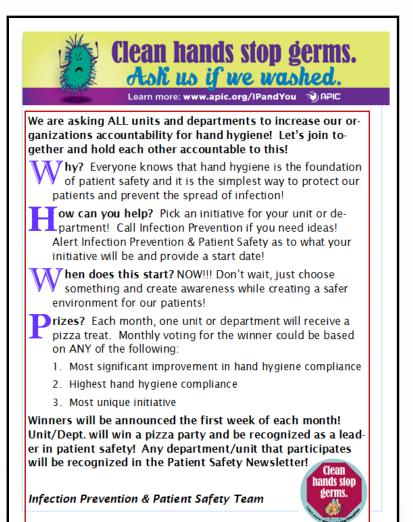
Hand Hygiene Journey

Dawn Rogers, MSN, RN, FNP-C, MT, ASCP, Patient Safety & Infection Control Officer Katie Gretler, MHA, Patient Safety Coordinator 9/5/2017

In the Beginning...... (Feb 2016)

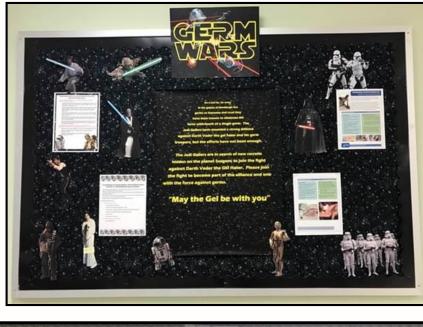






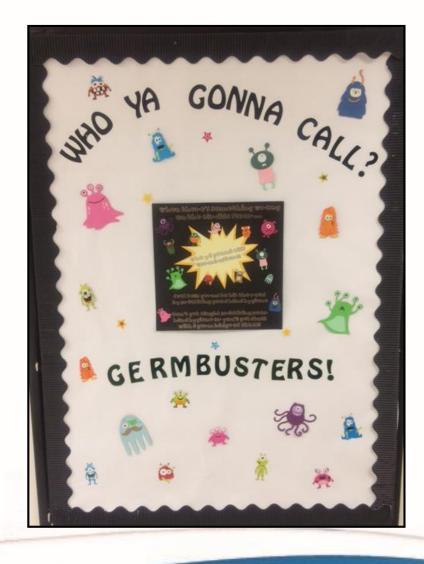
38

Department Initiatives





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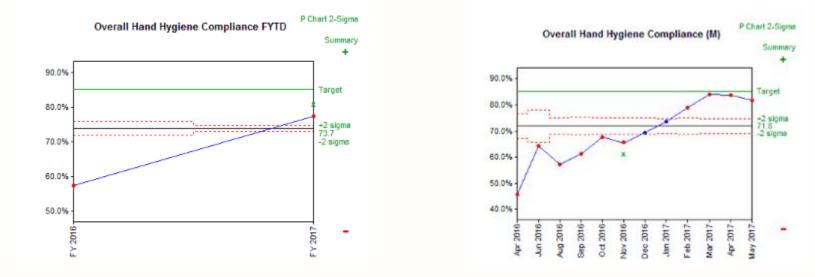
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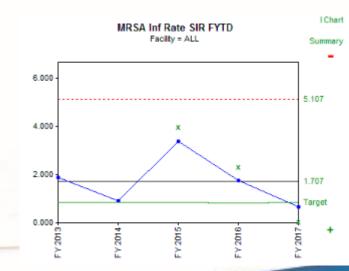
The 5 Stages of Grief.....

- 1. Those numbers couldn't be accurate. Must be another department bringing my numbers down!
- 2. Well that isn't right that radiology non-compliance makes my unit look bad!
- 3. If you can just come and see that my unit is different, that is why our numbers are low!
- 4. I can't believe how non-compliant we are!
- 5. Our staff is speaking up for hand hygiene!

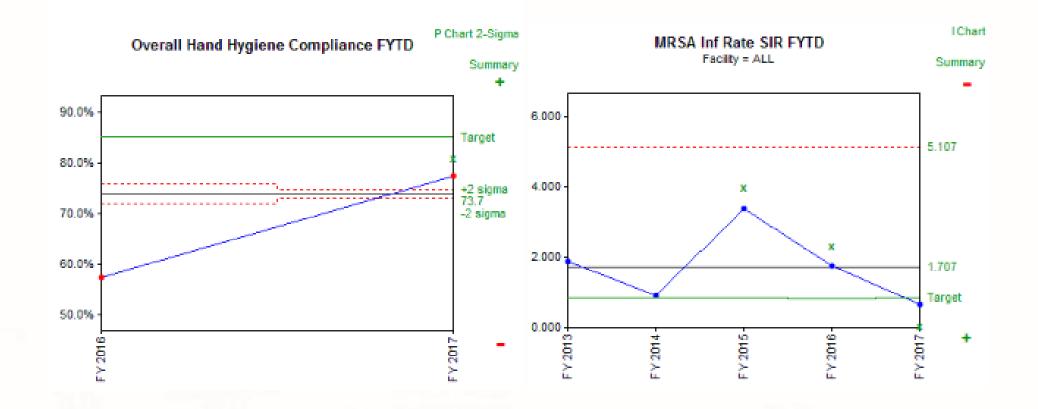


Hand Hygiene Compliance Trends





Hand Hygiene vs. MRSA Bacteremia



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Hand Hygiene Strategy Timeline

Initiative	Date
Hand Hygiene	
On-boarding	Jan 2016
• Department Initiatives encouraging staff to "speak up"	Feb 2016
Presentation of trophy at monthly Leadership (Most	Mar 2016
Creative, Most Improved, Most Compliant)	
 Participation 	
 Unit compliance rates 	
 Discipline compliance rates 	
New strategic goal set	Oct 2016
Public postings on units	Oct 2016
Breakdown of compliance by discipline	Nov 2016
Physician champion	Dec 2016
<u>Speak Up Challenge</u>	<u>Mar 2017</u>
Wed report out on Safety Call	Mar 2017



Involvement of Roles for Success

- Real time education
 - Create awareness
 - Barriers: Take time to listen!
- Provide tools
- Timely reporting
 - Honor requests for additional data
- Be resilient
- Make it fun!



May 5 is World Hand Hygiene Day

Thanks for doing your part to reduce the spread of infection by cleaning your hands to protect your patients and yourself. Please enjoy a few life savers in our

appreciation. You are a life saver!



- Infection Prevention & Patient Safety

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Involvement of Roles for Success

Units/Departments

- Own hand hygiene!
 - Audits
 - Speak UP
- Hold EVERYONE accountable
 - Development of policy
- Have fun!





Involvement of Roles for Success

Leadership

- Allow transparency
- Set the standards
- Create accountability
- Own hand hygiene
- Allow fun!



HAND HYGIENE COMPLIANCE

March Madness "Speak Up!" Challenge

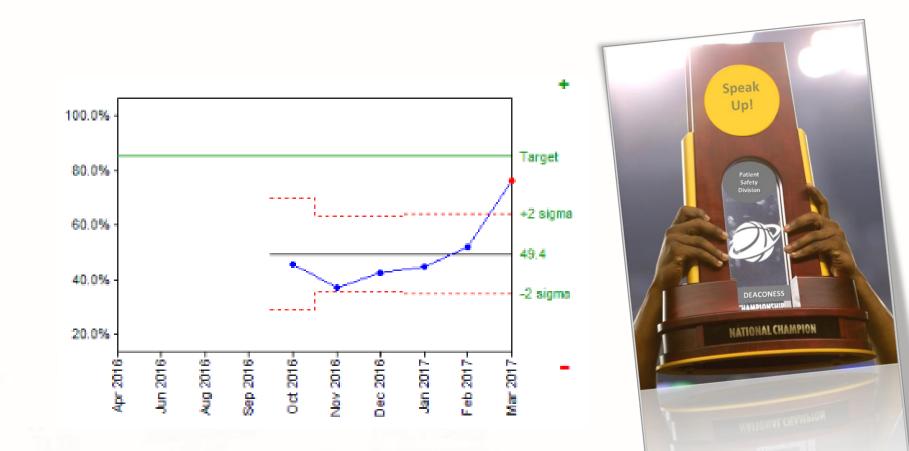
_	Speak Up Cards
-	The Deaconess
	Date: Discipline: Department/Discipline you "Spoke upl" to: *"Spoke upl" regarding: (circle below): Medication Patient ID Time Out Bed Alarm PPE Patient Care Hand Hygiene Other *Did you speak up to a Physician. Manager or Team Leader? (circle below):
	Yes or No

 \checkmark 4 weeks ✓ 66 departments ✓ 16 teams ✓ 3 hospital campuses/Eagle Crest ✓ Nearly 2,500 cards submitted ✓ More than 3,500 points accrued ✓ Patients' safety heightened ...

Lessons Learned from March Madness!

- Just Culture is an issue
 - Employees feared they were "snitching" on their peers
 - Employees feared discipline if they were "caught"
 - These concerns were pervasive
- Hand Hygiene compliance
 - #1 "Speak Up!" subject

One Unit's Success Story



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Future State

- Greater involvement of ancillary areas
 - Secret auditing in areas where patients are seen
 - Radiology
 - Outpatient Lab
 - Posting discipline compliance rates
- Patient engagement
- Standardized leadership rounding
- Continuous drive for improved safety culture

Accountability & Connecting to HAI – Call to Action



- Assess how you are reporting HAI within ALL levels of your organization
- Make the connection of HAI with the human/personal impact – consider reporting in raw numbers versus rates, percentages or deciles
- While HAI prevention is multifaceted, challenge your team to decrease HAI through proper hand hygiene practices
- Consider reporting HAI incidents back to ALL staff caring for that patient for practice reflection and to assist with RCA

SOAP UP Series Wrap UP



Sept. 19 - Hand Hygiene and Sepsis



World Sepsis Day – Sept. 13



IHA is hosting two events on this day at the Indiana War Memorial, Pershing Auditorium In downtown Indianapolis

To learn more and register for these FREE events, visit:

https://www.ihaconnect.org/member/professionaldevelopment/Pages/2017-Rally-Against-Sepsis.aspx Rally Against Sepsis

10 – 11 a.m. ET

Sepsis Spotlight 12 – 3 p.m. ET



Three Indiana hospitals will share their innovative approaches to sepsis care



of the Indiana Hospital Association

Hand Hygiene Resources

World Health Organization



RUB HANDS FOR HAND HYGIENE! WASH HANDS WHEN VISIBLY SOILED

Ouration of the entire procedure: 20-30 seconds





Apply a palmful of the product in a cupped hand, covering all surfaces

Rub hands palm to palm





Right palm over left dorsum with interlaced fingers and vice versa; Palm to palm with fingers interlaced Backs of fingers to opposing palms with fingers interlocked;

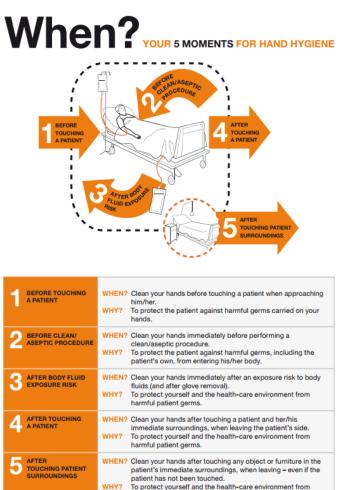




Rotational rubbing of left thumb clasped in right palm and vice versa; Rotational rubbing, backwards and Once dry, your hands are safe forwards with clasped fingers of right hand in left palm and vice versa;







harmful patient germs.

How to Handwash?

WASH HANDS WHEN VISIBLY SOILED! OTHERWISE, USE HANDRUB

O Duration of the entire procedure: 40-60 seconds



2

Indiana Patient

of the Indiana Hospital Association

Safety Center

Apply enough soap to cove all hand surfaces;





Rub hands paim to paim

Right palm over left dorsum with interlaced fingers and vice versa; Palm to palm with fingers interlaced Backs of fingers to opposing pair with fingers interlocked:



Rotational rubbing of left thumb clasped in right palm and vice versa; hand in left palm and vice versa

Rotational rubbing, backwards and Rinse hands with water forwards with clasped fingers of right



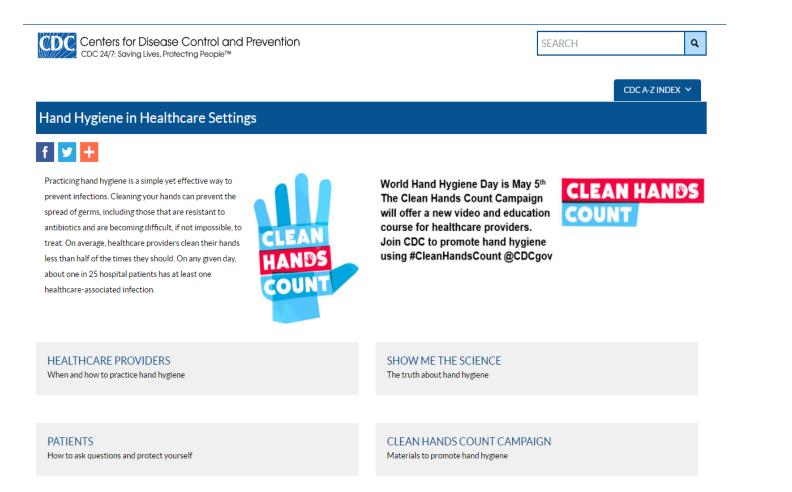




Dry hands thoroughly with a single use towe Use towel to turn off faucet:



Centers for Disease Control and Prevention





https://www.cdc.gov/handhygiene/index.html

Indiana State Department of Health 🛎



💐 Indiana State Department of Health

About the Agency	<u>ISDH Home</u> > <u>About the Agency</u> > <u>Health Information by Topic - A-Z >></u> > Handwashing Campaign -
Meetings & Events	
Newsroom	HANDWASHING CAMPAIGN
Contact Us	
DIVISIONS	 Keeping your hands clean is one of the most important ways you can avoid getting sick and spreading germs to others. Many illnesses often happen due to unwashed or improperly washed hands. Many diarrheal illnesses (such as salmonellosis,
Health Care Quality & Regulatory	 hepatitis A, and shigellosis) can be spread from person to person by individuals who fail to wash their hands after using the toilet and then pass the bacteria or virus by
Health and Human Services	
Healthy Hoosiers Foundation	(such as influenza, RSV, and pneumonia) can be spread if the bacteria or virus gets
Public Health Performance Management	into another person's mouth and is swallowed, that person then becomes sick. Proper hand washing is everyone's responsibility.
Public Health Protection & Laboratory Services	 For Kids For Adults
Tobacco Prevention & Cessation	For Healthcare Workers
Center for Deaf and Hard of Hearing Education	
Long Term Care	
Vital Records	
Women, Infants & Children (WIC)	
Epidemiology Resource Center (ERC)	
PUBLICATIONS & Brochures	Page last updated: September 16, 2016 Page last reviewed: September 16, 2016
Newsletters	-
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Reports	
Rules	

Online Services

- Indiana Death Registration System (IDRS) Indiana Immunization Registry
- Food Protection Complaint Form MyVaxIndiana
- Nurse Aide Registry e to unwashed Radiography License Renewal Forms.IN.gov individuals who
 - MORE ONLINE SERVICES » SUBSCRIBER CENTER »





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This monograph was authored by The Joint Commission in collaboration with the following organizations:

- · The Association for Professionals in Infection Control and Epidemiology, Inc.
- The Centers for Disease Control and Prevention
- The Institute for Healthcare Improvement
- The National Foundation for Infectious Diseases
- · The Society for Healthcare Epidemiology of America
- The World Health Organization World Alliance for Patient Safety

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IHAconnect.org/Quality-Patient-Safety http://www.jointcommission.org/assets/1/18/hh monograph.pdf

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Association for Professionals in Infection Control and Epidemiology - APIC



sumers	Professional Practice Education & Certification Resources Public Policy Abo	out
Home > Re:	sources > Topio-specific infection prevention > Hand hygiene	
Hand h	nygiene	-
	I hygiene is the number one way to prevent the spread of infection. Everyone—healthcare professionals, patients, residents, families, and voluntee In their hands thoroughly and at appropriate times to prevent the spread of disease.	HS
For hea	Ithcare professionals For consumers	
The fol	lowing links are APIC resources on hand hygiene for healthcare professionals.	
Imple	mentation guides and tools	
• (nei	w) Guide to Hand Hygiene Programs for Infection Prevention—Implementation Guide	
	alegies to Prevent Healthcare-Associated Infections through Hand Hygiene-Society for Healthcare Epidemiology of America (APIC	
	aborated with SHEA and other organizations on development of this resource)	
	w-to guide: Improving hand hygiene—Joint guide with Institute for Healthcare Improvement sh or clean your hands—Infection Prevention and You	
	C Text (subscription required)	
	Chapter 27, "Hand Hygiene"	
	Chapter 28, "Standard Precautions"	
	Chapter 29, "Isolation Precautions (Transmission-based Precautions)"	
	Chapter 30, "Aseptic Technique"	
	ation & training	
	(ffers a comprehensive collection of clinical education and professional development programs. The following resources are ional opportunities related to hand hygiene.	
Visit the	e Education & Certification page for more educational opportunities.	
• 201	3 International Infection Prevention Week Presents: Global Hand Hygiene—APIC Webinar	
	nd Hygiene Update—APIC Webinar	
	ative Hand Hygiene for Staff, Visitors and Patients—APIC Webinar	
	t the APIC 2016 Annual Conference website to search for education on hand hygiene	
	Access the APIC 2015 Conference Proceedings for sessions on hand hygiene	
	ention Strategist articles	
	lowing links include articles on hand hygiene from APIC's Prevention Strategist magazine.	
	roving hand hygiene: State of play and challenges for U.S. hospitals—Spring 2014 ioments for hand hygiene—Winter 2014	
AJIC	articles	
	the American Journal of Infection Control website for more articles on hand hygiene. To access these articles, you need to first login	

https://apic.org/

APIC Indiana Recommended Guidance for Hand Hygiene Measurement in Indiana

While this document focuses on the process of hand hygiene the ultimate aim is to reduce harm from preventable healthcare acquired infections.

These are recommended guidelines and resources to assist healthcare facilities in Indiana to adopt best practices with hand hygiene measurement. These guidelines should be tailored to your facility and can be used during annual planning of improvement activities that are driven by the risk assessment process. This is an evolving document that will be tested within the various regions within Indiana.

As we continue to gain additional knowledge and learn best practices this document may be revised to continue to improve the measurement of hand hygiene in Indiana.

Background

Hand hygiene has long been recognized as the most important method to reduce the transmissions of organisms within healthcare facilities. Measuring adherence to hand hygiene is fundamental to demonstrating improvements at an organizational level. However, measuring hand hygiene is a very complex issue and many key factors should be taken into account when developing a measurement system.

According to CMS conditions of participation, healthcare facilities must determine which best practices standard will be used to guide their hand hygiene program. Regardless if the HICPAC Guidelines for Hand Hygiene in Healthcare Facilities or the World Health Organization guidelines are chosen, <u>the basics of measurement follows similar evidence based principles</u>.

APIC Indiana has recommended the following strategies for addressing hand hygiene measurement:

- 1. Measurement
- Determine what you will measure:
- Soap and water and/or alcohol based hand rub
- Report by discipline
- Report by weekday/weekend or shift

<u>APIC Indiana recommends that measurement includes the 5 moments</u>. It is documented in the research that it can be difficult to obtain opportunities beyond entry and exit; however including the moments beyond entry and exit when observed will provide critical information about hand hygiene performance. Accept that the majority of the observations will be on entry and exit. However, establishing a measurement system that captures the other moments/indications allows facilities to learn from those moments and understand hand hygiene at the most critical point in

http://apicin.org/index.php IHAconnect.org/Quality-Patient-Safety

IHA Resource Sheet





SOAP UP

SOAP UP promotes appropriate hand hygiene to reduce the spread of infection.

Effective hand hygiene decreases the risk of infection and can help prevent several harm events: CDI, CAUTI, CLABSI, MDRO, Sepsis, SSI and VAE



There are many resources available at <u>HRET-HIIN.org</u>, including those below, to help your organization address these harm events and engage with the UP Campaign.

SOAP UP Resources				
Торіс	Link			
Introduction to the UP Campaign	https://www.youtube.com/watch?v=ElrCQ8nCvI4 or http://www.hret- hiin.org/Resources/up_campaign/17/up_campaign_presentation_generic.pdf			
Catheter-Associated Urinary Tract Infection (CAUTI)	http://www.hret-hlin.org/topics/catheter-associated-urinary-tract- infection.shtml			
C. Difficile (CDI)	http://www.hret-hiin.org/topics/clostridium-difficile-infection.shtml			
Central Line Bloodstream Infection (CLABSI)	http://www.hret-him.org/topics/central-line-associated-bloodstream- infection.shtml			
Multi-drug Resistant Organisms (MDRO)	http://www.hret-hiin.org/topics/multi-drug-resistant-organisms.shtml			
Sepsis	http://www.hret-hiin.org/topics/sepsis.shtml			
Surgical Site Infection (SSI)	http://www.hret-him.org/topics/surgical-site-infection.shtml			
Ventilator-Associated Events (VAE)	http://www.hret-hiin.org/topics/ventilator-associated-event.shtml			



SOAP UP More Hand Hygiene Resources

Handwashing How-To and Education:

Health care Workers

- Centers for Disease Control and Prevention (CDC) #CleanHandsCount Campaign https://www.cdc.gov/handhygiene/campaign/index.html
- World Health Organization (WHO) Hand Hygiene: Why, How & When?: http://who.int/gpsc/5may/Hand_Hygiene_Why_How_and_When_Brochure.pdf
- Health Research & Educational Trust (HRET) Hospital Improvement Innovation Network (HIIN) UP Campaign
 - All UP Campaign Resources: <u>http://www.hret-hiin.org/engage/upcampaign.shtml</u>
 - UP Campaign PowerPoint: Soap Up slides 60 72: <u>http://www.hret-hiin.org/Resources/up_campaign/17/up_campaign_presentation_generic.pdf</u>

Patients, Visitors and the Community

- Association for Professionals in Infection Control (APIC) Indiana Handwashing Tips: <u>http://consumers.site.apic.org/infection-prevention-basics/wash-your-hands-often/</u>
- Mayo Clinic Handwashing Do's and Don'ts: <u>http://www.mayoclinic.org/healthy-lifestyle/adult-health/in-depth/hand-washing/art-20046253</u>
- CDC Hand Hygiene Tips:
 - https://www.cdc.gov/features/handwashing/index.html
 - https://www.cdc.gov/handwashing/when-how-handwashing.html

Social Media Messaging



• IHA has created messaging for both general public, health care providers

https://www.ihaconnect.org/patientsafety/Initiatives/Pages/UP-Campaign.aspx

• Messaging provided for various formats:

TwitterFacebookLinkedInImage: State of the s

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