



4C HEALTH

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4C Health Expanding Psychiatric Hospital and Crisis Services

Adolescent psychiatric inpatient beds, expansion of crisis stabilization services, and psychiatric urgent care will enhance North Central Indiana's rural behavioral health access



4C Health (formerly Four County) has a goal of comprehensive crisis services for rural Hoosiers in North Central Indiana. Since the early 1980s, 4C Health has offered adult inpatient psychiatric care along with walk in crisis assessments and a 24 hour call line. The organization added mobile crisis to assist and respond with law enforcement in 2020 and opened its 1st crisis stabilization unit in 2021.

Today, we are pleased to announce the next phase of enhanced crisis services for North Central Indiana: adolescent inpatient, youth crisis stabilization, and psychiatric urgent care. All within a new state-of-the-art behavioral health hospital.

In 2021 after months of planning, 4C Health completed the purchase of what was formerly known as the Miami County Medical Center along with the surrounding acreage located at 1000 N Broadway in Peru, Indiana. This location was chosen due to its strategic geographic location which would allow more efficient access to all our surrounding counties. We are pleased to have been working with Integrated Architecture, Garmong Construction, Van Ausdall & Farrar, and Envelop IQ since the acquisition on the revisioning, remodeling, and technology of the building to become a rural center for quality comprehensive behavioral health services.

The new facility will encompass more than 20,000 square feet and allow 4C Health to expand current crisis services, along with integrated care where behavioral health and primary care work together. Remodel began in the Summer of 2022 and full opening of all services is anticipated in the Fall of 2023.

Features of the new facility include:

- Adult psychiatric inpatient unit services
- Adolescent psychiatric inpatient unit services
- Adult Crisis Stabilization Unit
- Youth Crisis stabilization Unit
- Psychiatric Urgent Care
- Specialty law enforcement and mobile crisis drop-off entrance
- Outpatient Behavioral Health & Addiction services
- Integrated primary care services for behavioral health consumers

Carrie Cadwell, CEO of 4C Health, had this to say, “In support and alignment with state efforts to implement 9-8-8, the Crisis Now model, and the Certified Community Behavioral Health Center model, we are investing over \$7 million dollars to develop the most comprehensive rural center for crisis care in the State of Indiana. Coupling this with the results we are seeing on our 4 day work week investment of decreased turnover, decreased staff burnout, increased applicant pool, and no change to our access or visit counts, 4C Health is changing the terrain on what behavioral healthcare is capable of for rural communities and beyond. Indiana is the state to be to seen and drive innovation in the behavioral health space.”

Medical Director for Inpatient, Crisis, & Primary Care Services, Dr. Mallery Neff added, “When we look at best practices for medical care, it has long been understood that the pairing of emergency assessments, triage, inpatient care, and outpatient referral improves patient outcomes and more effectively manages our health care resources. Fundamentally, mental health care practices should be no different. By ensuring that the full continuum of crisis services is available to both adults and adolescents, we increase the quality of patient-centered crisis care by tailoring psychiatric interventions to best meet the needs of the person in crisis. This is essential not only to successfully resolving the immediate crisis, but can positively impact the long term trajectory of an individual’s mental well-being, how they access care, lead to improved patient outcomes, and ultimately save lives.”

Simultaneously, 4C Health is in the midst of a \$2.5 million dollar remodel of it's Logansport location which began in the Summer of 2022, at 800 N Fulton St, to provide comprehensive outpatient behavioral health and substance use services, along with intergrated primary care, and Genoa Pharmacy services, completion is expected in the Spring of 2023.



The organization also recently completed a \$250,000 remodel of a new Supervised Group Living facility for adults living with serious and persistent mental illness in Logansport. In 2023 4C Health has plans and budget for continued re-investments in Transitional Living Facilities which supports adults living with serious mental illness.

For more information please contact marketing@fourcounty.org.